

Designing for exceedance in urban drainage – good practice

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Summary

This guidance provides good practice advice to drainage engineers, regulators, planners and the construction industry on the design and management of urban sewerage and drainage systems to reduce the impacts from drainage exceedance.

It includes information on the effective design of both underground systems and overland flood conveyance. It also provides advice on risk assessment procedures and planning to reduce the impacts that extreme events may have on people and property within the surrounding area.

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1 Introduction to the guidance

1.1 Aims and objectives of the guidance

This guidance aims to provide best practice advice for the design and management of urban sewerage and drainage systems in order to reduce the problems which arise when flows occur that exceed their capacity. It includes information on the effective design of both underground systems and overland flood conveyance. It also provides advice on risk assessment procedures and planning to reduce the impacts that extreme events may have on people and property within the surrounding area.

The broad objective of the guidance is to improve the engineers, planners and designers' appreciation of the risks associated with urban drainage systems and their understanding of how these risks may be mitigated. It provides guidance so that systems can be designed to safely and sustainably accommodate periods when the design capacity of drainage systems are exceeded during extreme events. The guidance will be relevant to areas drained by piped systems or SUDS.

PPG25 *Development and flood risk* (DTLR, 2001) identifies that flooding can occur on a local scale due to runoff exceeding the capacity of the minor system during extreme events and it can only be addressed on a site-specific basis. *Sewers for adoption 5th edition* (Water UK and WRc, 2001) states that properties should be protected against flooding from extreme events and that flood pathways are identified when the drainage system is exceeded. Yet there is no standard way to meet these challenges. This guidance aims to address this anomaly. It complements CIRIA publication C624 *Development and flood risk* (Lancaster *et al*, 2004) by focusing on those extreme events which are as a result of flooding in the urban environment.

The specific objectives of the guidance are to:

- address the key issue of designing urban drainage systems that can cope with periods of exceedance
- provide guidance on risk assessment procedures to determine the likelihood and impacts of drainage exceedance
- provide guidance on planning and layout to reduce the impacts of exceedance in drainage systems
- offer best practice guidance for the design of urban drainage systems that can sustainably accommodate periods of exceedance.

1.2 Limitations of this guidance

This guidance presents information which will enable a variety of stakeholders to identify risks and subsequently design mitigation measures. The publication focuses on extreme events, and considers the water quantity aspects of volume, depth, velocity and duration. Water quality issues are not considered in this document.

This guidance document is applicable across the UK. However different regional and national planning policies, stakeholder interactions and legislation must be taken into account when applying the guidance to each case. The guide is based on the planning

guidance and legislation in place from January 2005. The reader should ensure that designs and processes are consistent with current regulatory and legislative frameworks.

1.3 Structure of the guide

The guidance is divided into four sections:

- **Part A Overview** is a strategic overview of the guidance. It covers the main issues in general, and will be useful to planners, developers, regulators and other stakeholders who wish to understand the principles, and obtain an overview of the processes, but do not require an in depth understanding of detailed design.
- **Part B Detailed design** offers detailed risk assessment and design, and is aimed at practitioners with a day-to-day responsibility for drainage design.
- **Part C Case studies** includes case studies demonstrating the important stages of the design and risk assessment process covered in Part B.
- **Part D Appendices** give important supplemental information and details of further information that the user can refer to.

1.4 Sources of information

This guide has been compiled following a worldwide literature review. There is significant information available for flooding and its consequences, however information regarding designing for exceedance events is less common. The guidance identifies good practice from around the world and applies it to the UK.

A consultation workshop was held to gather information and opinions from representatives of the various interested parties including water companies, planners, local authorities, drainage engineers and regulators.

1.5 Associated publications

The work provides good practice guidance on assessing the risk from flooding in extreme events and how to design mitigation measures which can prevent or limit flooding through conveyance and storage. It can be used in conjunction with a variety of other publications and sources of information, which are listed below:

Book 14 *Design of flood storage reservoirs* (Hall *et al*, 1993). Guidance to assist the practising engineer with the detailed design of flood storage reservoirs for flood control in partly urbanised catchment areas.

C523 *Sustainable urban drainage systems – best practice manual for England, Scotland, Wales and Northern Ireland* (Martin *et al*, 2001). This publication provides guidance on employing sustainable methods for surface water drainage and implementing sustainable development into practice.

C521 *Sustainable urban drainage systems – design manual for Scotland and Northern Ireland* (Martin *et al*, 2000a). Like C522 this manual describes good practice in Scotland and Northern Ireland.

C522 *Sustainable urban drainage systems – design manual for England and Wales* (Martin *et al*, 2000b). This manual describes current good practice in England and Wales, and sets out the technical and planning considerations for designing SUDS.

C609 *Sustainable drainage systems. Hydraulic, structural and water quality advice* (Wilson *et al*, 2004). This technical report summarises current knowledge on the best approaches to design and construction of sustainable drainage systems.

C623 *Standards for the repair of buildings following flooding* (Garvin *et al*, 2005).

C624 *Development and flood risk – guidance for the construction industry* (Lancaster *et al*, 2004). This book offers practical guidance when assessing flood risk as part of the development process.

X108 *Drainage of development sites – a guide* (Kellagher, 2004). This guidance is intended to assist all those involved with foul and surface water drainage of development sites.

Information can also be found on CIRIA's flooding and SUDS websites at <www.ciria.org/flooding> and <www.ciria.org/sud>

1.6 **Background to drainage exceedance**

It is inevitable that as a result of extreme rainfall the capacities of sewers, covered watercourses and other drainage systems will be exceeded on occasion. Periods of exceedance occur when the rate of surface runoff exceeds the drainage system inlet capacity, when the pipe system becomes overloaded, or when the outfall becomes restricted due to flood levels in the receiving water.

Underground conveyance cannot economically or sustainably be built large enough for the most extreme events and, as a result, there will be occasions when surface water runoff will exceed the design capacity of drains. This is especially problematic where the drain is a combined sewer and sewage flooding can result. When drainage system capacity is exceeded the excess water (exceedance flow) is conveyed above ground, and will travel along streets and paths, between and through buildings and across open space (Figure 1.1). Indiscriminate flooding of property can occur (Figure 1.2) when this flow of water is not controlled.

Flooding can have huge social, economic and environmental impact (ICE, 2001). The Ofwat consultation on sewer flooding (Ofwat, 2002) highlighted that the damage to property is a small element of the human impact of floods. This is evident if there is internal flooding of property, as the impacts are a lot more severe and difficult to cope with (Figure 1.3). The stress associated with losing personal belongings, living in temporary accommodation, in addition to the trauma of the clean up and restoration process can be considerable.



Figure 1.1

Highway acting as a flood pathway in an extreme rainfall event (courtesy Scottish Water)



Figure 1.2

Property flooding from overloaded sewerage system (courtesy Scottish Water)



Figure 1.3 *Example of property damage due to storm sewage flooding (courtesy Pennine Water Group)*

Current climate change predictions indicate that severe weather events will become more frequent. Rainfall could increase by 40 per cent leading to at least a 40 per cent increase in surface runoff and a 100 per cent increase in flood volumes (UKWIR, 2004). This may affect 130 per cent more properties leading to a 200 per cent increase in flood damage (Evans *et al*, 2004). These values although theoretical have been produced using models verified on past performance to predict future changes and are by no way, the most extreme of all the climate change predictions.

Although designers of drainage in new developments are now required to consider the effects of extreme wet weather in their designs, there is no obligation to properly manage the consequence of such events. *Sewers for adoption 5th edition* (Water UK and WRC, 2001) identifies that overland flood pathways should be considered, but no recommendation of the level of protection is given. BS EN 752-4:1998 (BSI, 1997) identifies areas where a level of service check should be undertaken and to what return period, but there is no guidance for dealing with extreme events.

Experience has shown that much of the recorded flooding in urban areas is attributable to the passage of above ground surface flow. However, this above ground conveyance is essential in allowing runoff from extreme events to drain from developed areas effectively. It is clear that much can be done to mitigate the effects if surface flood flow is managed proactively. Recognising the importance of flood pathways along highways and other routes, and the storage of water in low spots, is the first step to better management. Through good design, a second important step is to direct flood flows along routes where the risk of property flooding and the risk to health and safety is minimal. Options to achieve this are available, and explored within this guidance.

Defra's consultation document *Making space for water* (Defra, 2004) has suggested that highways can be used to facilitate the management of extreme events. If highways and other urban features are to be effectively used to convey exceedance flow, then careful design will be essential. Relatively minor features of the urban landscape, such as kerb heights, traffic calming and property threshold details can significantly affect flood risk.

Engaging stakeholders to collectively manage and maintain flood routes, and designing buildings to be more flood resistant, is another important factor in the equation. The Building Regulations (2000) do not take into account property flooding and flood resistance, however in Approved Document C (ODPM, 2004b) which came into force in December 2004, provides advice on flood risk. It states that “...*when local considerations necessitate building in flood prone areas the buildings can be constructed to mitigate some effects of flooding...*”

A greater understanding of the mechanisms of drainage in extreme events and improved guidance on how above-ground flood pathways can be effectively managed can assist in reducing the risk of urban flooding. This guidance aims to address these issues.

Part A Overview

2

The process of exceedance and definitions

Traditionally, urban drainage systems are designed to meet a particular and specified **level of service**, known as the **target level**. This is normally expressed as a frequency of property flooding. A **level of protection** of one in 100 years (annual probability of 0.01 being equalled or exceeded) might be defined for internal property flooding as a suitable target for a new development. This can be delivered using a conventional below ground piped drainage system, designed to a pipe full capacity using a one in two year return period rainfall (annual probability of 0.5 being equalled or exceeded), and then checking the performance for flood protection using a suitable sewer simulation tool. Alternatively SUDS (sustainable (urban) drainage system) might be specified. Its performance may be checked in a similar way. Following such checks, the design may be amended to ensure that the desired level of protection is achieved across the drainage area.

Existing drainage systems typically do not achieve the same level of service as that required for new systems. This is in part due to the structural deterioration and siltation of the existing network. More often, it is due to the network carrying increased flows from expanding urban areas. Once system performance falls below an acceptable level, known as the **trigger level**, early rehabilitation will be planned. This will then raise system performance to an agreed target level. The performance target of a rehabilitated system will of course be higher than the trigger level, but may be less than the performance level for a new system. Further information on performance levels is given in Table 3.1.

The formal or designed drainage system (piped or SUDS) is referred to in this guidance as the **minor system** (Figure 2.1). For a piped system, the **conveyance capacity** will normally be greater than the pipe full capacity, since additional conveyance can be generated as flow backs up in manholes causing surcharging. The resulting slope of the hydraulic gradient can be greater than the gradient of the pipes themselves, forcing more flow through the system. A similar effect can occur with SUDS.

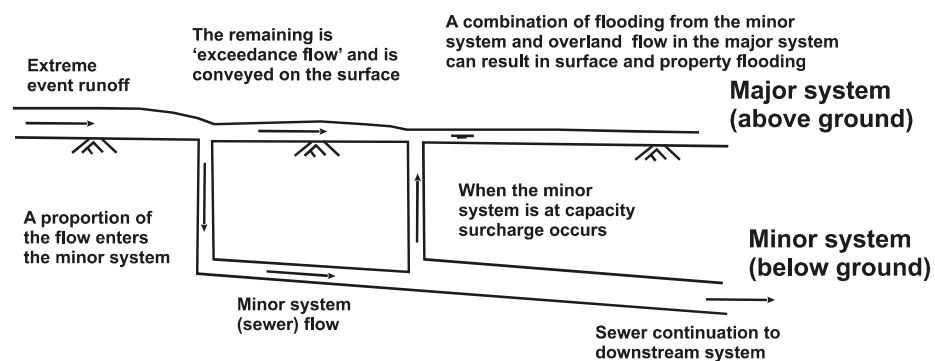


Figure 2.1

Interaction between the minor and major system during an extreme event

Once the conveyance capacity of the minor system is exceeded, surface flooding will occur. The excess flow that appears on the surface is known as the exceedance flow. The rainfall events that result in **exceedance flow** are known as **extreme events**. Exceedance flow will be conveyed on the ground by **surface flood pathways**. These may be roads, paths or depressions in the surface (Figure 2.2). Where they have not been specifically designed as flood pathways, they are known as **default pathways**. Otherwise they are known as **designed pathways**. The system of above ground flood pathways, including both open and culverted watercourses, is known as the **major system**.

Even within the target level of service, often there will be some above ground flood flow. Equally, there can be flooding of property before the capacity of the minor system is exceeded. This may occur when the level of property is below the level of the hydraulic gradient in the drainage pipes, especially where there is a direct drainage connection. The connection between the minor and major systems is extremely complex and can only be properly represented by a computer simulation model of both systems. Even then, current capability of modelling above ground flood pathways is limited. A simplified graphical representation of the interaction between the minor and major system is given in Figure 2.3.



Figure 2.2 *Conveyance of exceedance flow in surface flood pathways (courtesy Pennine Water Group)*

The magnitude of surface flooding and the exceedance flow will depend on the return period of the extreme event and the capacity of the minor system. Assuming that the latter is equivalent to the runoff from a 10 year return period storm, Figure 2.4 illustrates typical relative magnitudes for different return periods.

It can be seen from Figure 2.4 (based upon data from a real catchment) that the increase in runoff is by no means proportional to the increase in return period. For example the 100 year runoff is only $1.54 \times$ the 10 year amount. Additionally for the 100 year event, the exceedance flow to be conveyed by the major system is only $1.24 \text{ m}^3/\text{s}$ compared with the minor system flow (capacity) of $2.34 \text{ m}^3/\text{s}$. The minor system capacity is the difference between the exceedance flow of $0 \text{ m}^3/\text{s}$ and the runoff at

approximately the 10 year return period, assuming that all the runoff is drained to the minor system. However, existing sewerage systems rarely convey the full 30 year flow without some surface flooding, so that the surface conveyance can be expected to be greater than this.

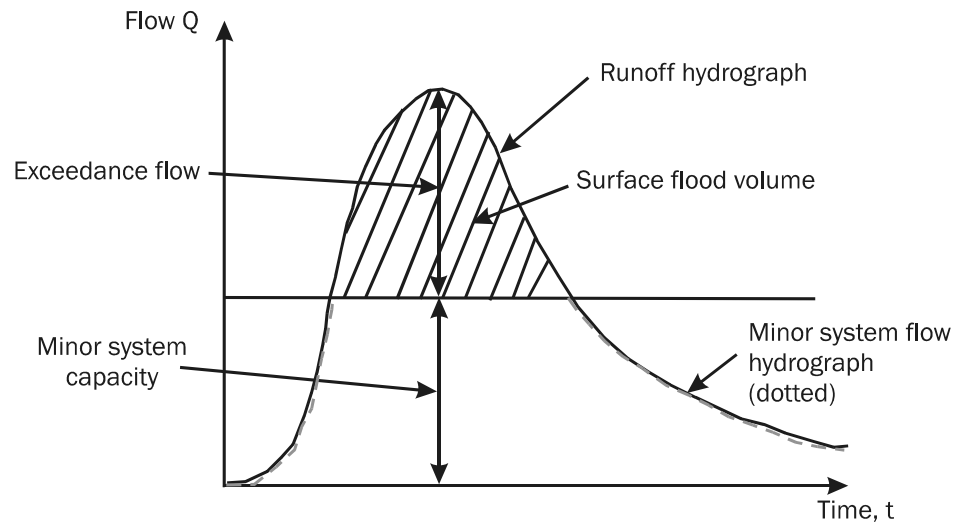


Figure 2.3 *Simplified representation of minor/major system flow*

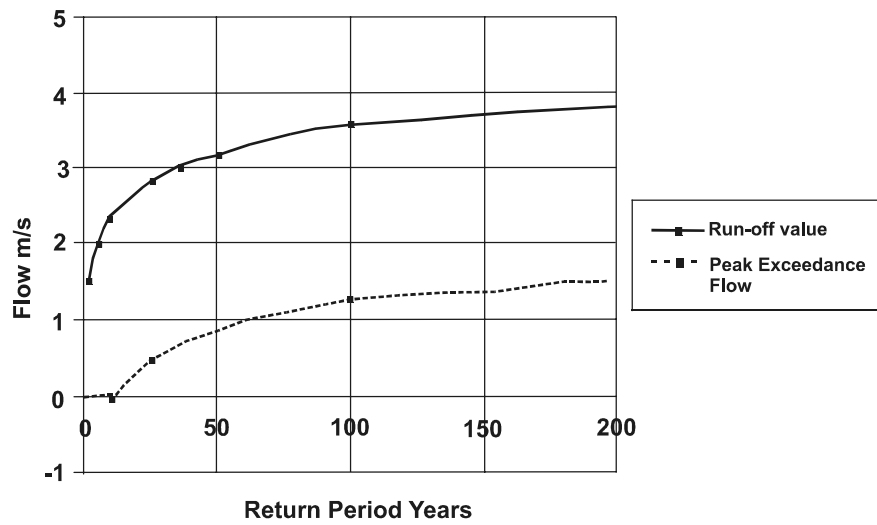


Figure 2.4 *Runoff and exceedance flow for different return period events*